



PREVENTION CORNER: HISTORIC FLOODING

HISTORIC FLOODING

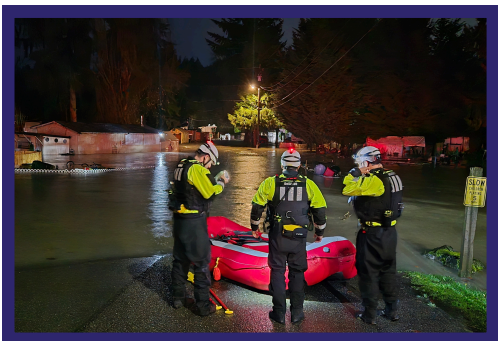
Snohomish County recently experienced historic flooding, as heavy rains and overflowing rivers impacted homes, roads, and critical infrastructure throughout the region. During this challenging period, Snohomish Regional Fire & Rescue (SRFR) crews worked tirelessly to ensure public safety, assisting with the evacuation and rescue of 34 people and 13 pets. Many personnel covered extra shifts with little to no rest, demonstrating exceptional dedication and commitment. This event also underscored the vital importance of community preparedness in the face of increasingly severe weather events.



In the days that followed, SRFR continued to play a key role in response and recovery efforts. Station 31 hosted a well-attended briefing and area tour for elected officials and regional media, providing an overview of flood conditions, early recovery efforts, and multi-agency coordination. The event included participation from local and state leaders. The Snohomish County Department of Emergency Management recognized SRFR for coordinating the briefing, which also resulted in coverage across multiple news outlets.

Building on these regional response efforts, SRFR extended support beyond county borders later in the month. On December 22, SRFR deployed water rescue resources in response to a multi-day state mobilization request in King County, working alongside a Skagit County crew. This deployment was initiated due to elevated reservoir levels and planned spillway releases, which raised concerns about potential flooding and impacts to levees, particularly in the Auburn area and along the White River.

Together, these incidents highlight the critical importance of ongoing training and readiness. SRFR's Water Rescue Team is specially trained to operate in fast-moving, unpredictable, and hazardous water conditions—skills that are developed and maintained through continuous training and regional coordination. These real-world responses demonstrate how that training directly translates into effective, lifesaving operations when our communities need it most.



FLOOD & DISASTER SAFETY

During flood events, remember the following safety tips:

- Stay informed by monitoring weather alerts and local emergency notifications.
- Never drive or walk through flooded roads—just six inches of moving water can knock a person off their feet, and a foot of water can sweep away a vehicle.
- Avoid rivers, creeks, and flood-prone areas during heavy rain events.
- Have an emergency kit ready with essentials such as medications, flashlights, batteries, food, and water.
- Follow evacuation orders promptly and plan multiple evacuation routes in advance.
- Keep pets included in your emergency plans.

- Visit www.redcross.org or www.fema.gov, for more information about how you and your family can prepare for a disaster.



- Follow the QR code to view the hazard map created by **Snohomish County DEM**.
- Take a class. Register for our next **Online Disaster Preparedness Class**.
 - Go to www.SRFR.org to register or to request a class for your community group.

SRFR remains committed to preparedness, training, and community safety. Working together, we can reduce risk and protect lives.



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Please register for this event:

North County Fire Training Center
Saturday, March 21, 10a-1p
North County Training Center, Stanwood

Snohomish Regional Fire & Rescue
Saturday, March 14, 11a-1p
Clearview Fire Station 71, Snohomish



- ❄️ Even though it's cold outside, it's important to use sunscreen and stay hydrated. Compared to adults, children have higher risk of dehydration.
 - ❄️ Make sure to use the proper gear, like helmets, when you are skiing, snowboarding or playing ice hockey.
 - ❄️ Wear warm clothing, and come indoors periodically to prevent hypothermia or frostbite.
- TIPS TO KEEP SAFE WHILE OUT IN THE COLD



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MESSAGE FROM THE CHIEF

Reflections on a positive 2025!

To the people we proudly serve,

As we begin a new year, one thing stands out above everything else: why we are here. At Snohomish Regional Fire & Rescue, our purpose is simple. We are here to serve our community. Every decision we make, every improvement we work toward, and every call we respond to is driven by the people who live, work, and raise families here.

What has impressed me most since joining SRFR is how deeply that purpose is shared across the entire organization. Our firefighters, EMTs, and paramedics put their skills and courage into practice every day. Our professional staff work behind the scenes to make sure our operations run smoothly. Our Board stays committed to thoughtful governance and responsible stewardship, and our residents continue to meet us with trust, support, and honest partnership.

That collective commitment and alignment is powerful. It is the reason our community programs thrive, why our safety classes fill up, why schools welcome us in, and why people turn to us during their hardest moments. It is also the reason our internal efforts matter. Improving communication, strengthening training, planning for our facilities and equipment, modernizing systems, and supporting our workforce are not just organizational tasks. They help us deliver better service to you.

Everything we do comes back to one idea. People count on us, and that responsibility guides every part of our mission.

To the firefighters and staff who pour themselves into this work, thank you. To our Board and partner agencies who stand with us, thank you, and to our community, the reason we exist, thank you for your trust, your support, and your willingness to engage with us. You make SRFR stronger.

As your fire district, our commitment is to show up, serve with professionalism and compassion, and continue earning the confidence you place in us. Together, we step into the New Year focused on what matters most: taking care of people.

With sincere appreciation,
Brian Park
Your Fire Chief



FIREHOUSE FEATURE SRFR EMS UPDATES

Snohomish Regional Fire & Rescue (SRFR) provides emergency medical services (EMS) to more than 160,000 residents across our fire district, which spans over 135 square miles. EMS calls account for more than 80% of SRFR's total emergency responses. The mission of the EMS Division is to cultivate a culture of patient-centered care, deliver high-quality training, and demonstrate respect for all, both within the organization and throughout the communities we serve.

All SRFR firefighters are cross-trained as Firefighter/EMTs or Firefighter/Paramedics. Many are drawn to the dynamic nature of EMS and the opportunity to make a meaningful difference during critical moments. As Firefighter/EMT Chris Pack explains, "I like helping people. I like being there when people are in need and in their most vulnerable moments." Every EMS response relies on teamwork, with Firefighter/EMTs and Firefighter/Paramedics working side-by-side to ensure each patient receives the highest possible level of care.

In 2025, SRFR continued its commitment to delivering exceptional emergency medical care, responding to more than 9,600 EMS incidents throughout the year. As EMS calls continue to make up the majority of SRFR's responses, the EMS Division places a strong emphasis on continuous training and innovation. By the end of 2025, the division

implemented several updates to training programs and response technologies, better equipping crews to manage the wide range of medical emergencies they encounter.

One of the most significant advancements includes the addition of a point-of-care ultrasound (POCUS) device. This cutting-edge technology will enhance our paramedics' ability to deliver high-quality pre-hospital care by providing rapid, real-time imaging in the field. The POCUS device offers sharp image quality, advanced imaging tools, artificial intelligence support, fast data processing, and user-friendly ergonomics designed for emergency response environments.

This investment reflects SRFR's ongoing dedication to innovation, training, and providing the best possible care when it matters most. All of these innovations would not be possible without community support.



Learn more about a career in fire & EMS!

SCAN ME

PUBLIC EDUCATION PROGRAMS

Resolve to be ready this New Year.

In our continued efforts to create a safer community, Snohomish Regional Fire & Rescue offers a variety of community education and prevention programs to the communities we serve. We believe in preventing injuries & emergencies before they even happen. Learn more by using the QR codes or by visiting our website at www.SRFR.org.



School Visits



Each school year, Snohomish Regional Fire & Rescue partners with our local schools, from preschool to high school, to deliver age-specific fire & life safety lessons to students. Our lessons are fun and engaging, and aligned with the fire safety curriculum designed by the National Fire Protection Association (NFPA). If you would like us to visit a private school or homeschool group, please go to our website, www.SRFR.org, or follow the QR code to submit a request.



FF Homeschool Lessons



For those that prefer to learn at home, we have 17 different video lessons that are fun for the whole family.

- VIDEOS INCORPORATE:**
- State Learning Standards:
 - Next Generation Science Standards
 - Common Core State Standards
 - Washington State Teaching Standards
 - Science, Math, Music, & Social Studies Concepts
 - Worksheets & Interactive Experiments & Activities
- VIDEOS HIGHLIGHT:**
- Safety Messages, Firefighter Careers, & Special Teams



Adult & Senior Safety Classes



We want to make sure you feel prepared for any emergency or disaster that may come your way. Because of this, Snohomish Regional Fire & Rescue offers virtual adult and senior safety classes. Our online 2026 class schedule is as follows. Use the QR Code, or visit www.SRFR.org to sign up for a class! If you are wanting to schedule an in-person class for you and your group, email CommunityRelations@SRFR.org.

Disaster Prep.

January 7
September 9
November 11

Aging in Place

February 25
April 8

Home Fire Safety

October 7
December 9

Wildfire Prep.

March 11
May 13
August 12



PulsePoint Respond



In partnership with the Medic One Foundation, Snohomish Regional Fire & Rescue offers PulsePoint Respond to our residents. PulsePoint Respond is an app designed to improve cardiac arrest survival rates through increased bystander CPR performance. This smart phone app empowers the public to provide lifesaving assistance for victims of sudden cardiac arrest before first responders arrive. Download the app today!



Bike Helmets

Snohomish Regional Fire & Rescue provides FREE bike and multisport helmets throughout the year at various events throughout our district. Follow our social media pages for updates about the next bike helmet event near you! Need a bike helmet but cannot afford one? Contact us at CommunityRelations@SRFR.org, and we may be able to help. Please note that supplies are limited.



Life Jackets



Need to borrow a life jacket? Free loaner life jackets are available at **Station 31, 163 Village Court, Monroe, WA 98272**. Come to the fire station with the person who needs the life jacket. There, you can get fitted, borrow the jacket, and return it when you are done. Remember, when having fun out on the water, everyone should wear a properly fitted life jacket.



2026 Community Events

Save the date for some of our upcoming 2026 events!

- **March 14th** : Scout Day Open House, Station 71, Clearview
- **July 8th**: SRFR Water Safety Camp, Lake Tye
- **July 16th**: SRFR Water Safety Camp, Lundeen Park
- **July 10th-12th**: Aquafest, Lake Stevens
- **August 4th**: National Night Out, Multiple Locations
- **October 3rd**: Fire Prevention Week Open House, Station 31, Monroe