

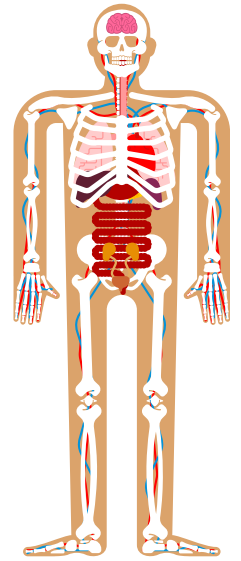
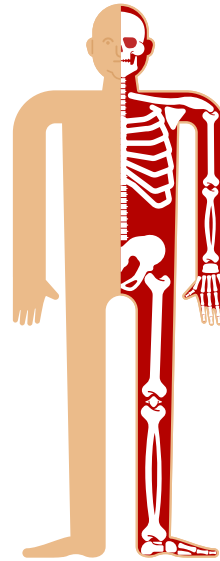
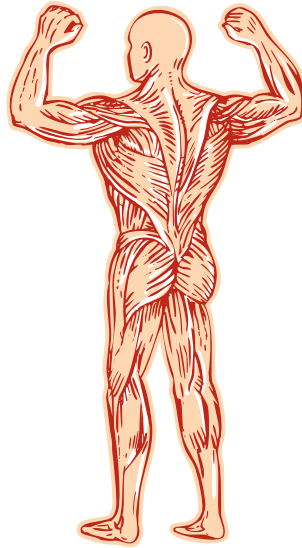
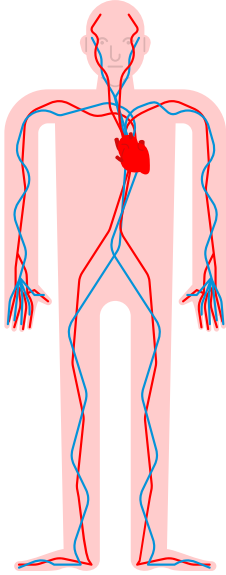


Name _____

THE HEART & HOW TO HELP IT

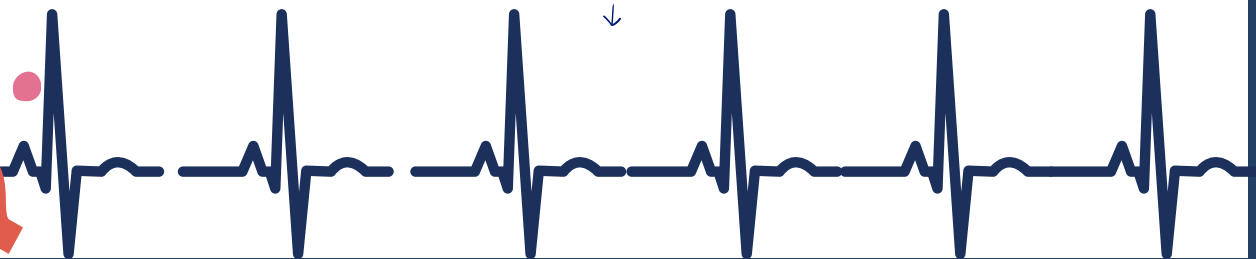
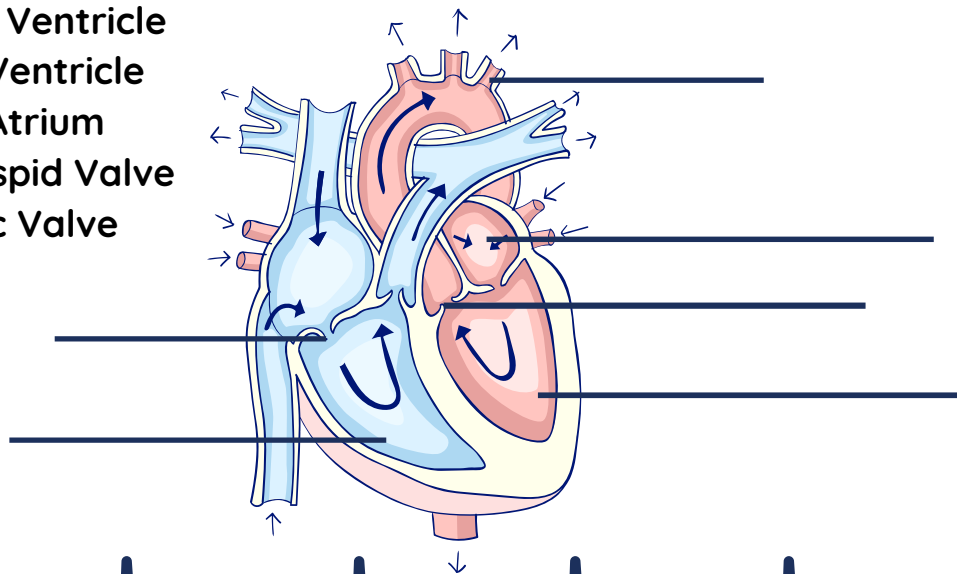
Directions: Answer the following questions while watching the video.

1) **Identifying:** Circle the picture that best represents the circulatory system. Once you do that, try to label the different parts of the circulatory system.



2) **Labeling:** Label the following on the heart:

- Right Ventricle
- Left Ventricle
- Left Atrium
- Tricuspid Valve
- Aortic Valve
- Aorta



Directions: While watching the video, fill in the blanks:

3) Matching:

___ deliver messages to the muscle tissue in the heart.
___ are like gates in the heart.
___ are the chambers on the top of the heart.
___ Blood travels from the heart through the _____ onto the rest of the body.

- A. Aorta
- B. Valves
- C. Atria
- D. Nodes

4) Vocabulary:

In the heart, the _____ are located near the bottom, and they help pump blood to other parts of the body. The left _____ is located near the top of the heart.

5) Describing: What is the journey blood makes as it is pumped through the body.

Oxygen poor blood fills the right side of the heart then, _____

6) Fill in the blanks:

You can remember the steps you take to help someone who is unconscious or not awake them by remembering the **3 C's:**

CPR STANDS FOR...

C _____

P _____

R _____

Check

Check the scene

- Scene is _____

Check the person

- Hey hey are you _____?

Call

- Call for Help
- Call _____ and ask for an AED

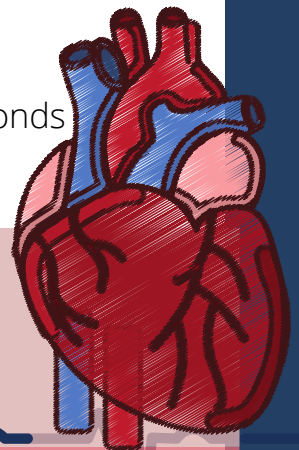
Care

Care for breathing

- Check b _____ for 5 seconds

Care for circulation

- CPR



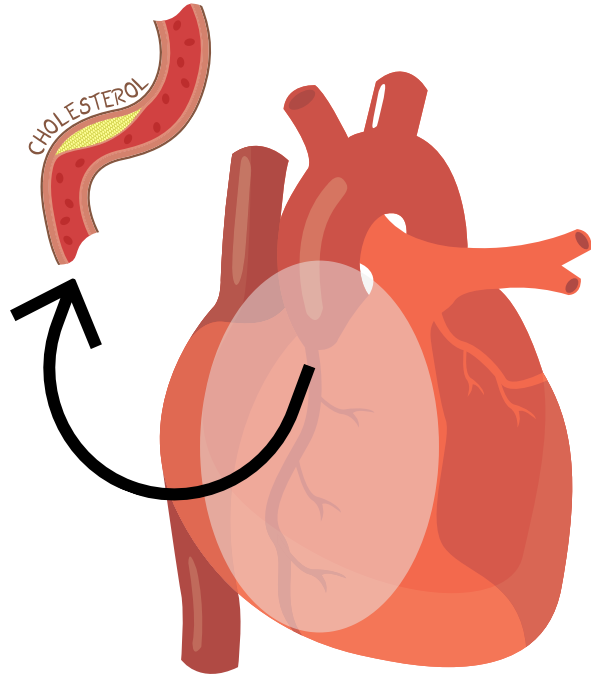
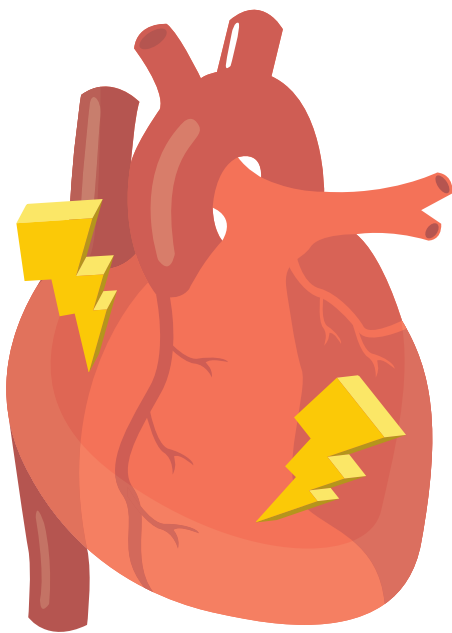


Name _____

THE HEART & HOW TO HELP IT

Directions: Answer the following questions while watching the video.

7) **Identifying:** Circle the picture that best represents a heart attack, and place a square around the picture that best represents cardiac arrest. Explain the difference between the two heart problems and the link between the two.



Circle the way(s) that we should respond:

Circle the way(s) that we should respond



What is the link between these two heart conditions:



