



# Snohomish County FIRE DISTRICT 7

Earning Trust Through Action

## FOR IMMEDIATE RELEASE

Date: August 13, 2020  
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### **Quick response saves man in cardiac arrest**

[Lake Stevens, WA] – At 8:55 pm on Wednesday, August 12<sup>th</sup>, Snohomish County Fire District 7 was dispatched to a report of an unresponsive male who collapsed while checking out at the Safeway in Lake Stevens, 717 SR -9 NE. Personnel in the grocery store quickly called 911.

While first responders were in route, a nearby Lake Stevens Police Officer heard the emergency call come in over the radio and responded. When the officer arrived, he began CPR and applied the pads for an AED. When aid crews arrived the patient was still unresponsive and being shocked by the AED. Aid crews continued CPR and advanced life support measures. Crews were able to resuscitate the patient and immediately transported him to Providence in Everett where advanced care continued.

Due to the actions of the Police Officer, the teamwork of the EMS crew, and quick treatment at the hospital, the patient is awake and recovering well.

If you or a loved one experience heart attack symptoms it is important to call 911 early so that appropriate diagnosis and treatment can occur as fast as possible. To learn more about the signs and symptoms of a heart attack visit the American Heart Association website, [www.heart.org/HeartAttack](http://www.heart.org/HeartAttack).

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*On January 1, 2020 Lake Stevens Fire and Snohomish County Fire District 7 merged agencies. The new district serves over 162,000 people over 140 square miles and is dedicated to saving lives, protecting property, and taking care of people in a fiscally responsible manner. We serve the cities of Lake Stevens, Mill Creek, and Monroe along with the unincorporated areas surrounding these communities. In 2019, our emergency personnel responded to more than 17,000 emergency calls. Through community support, we have built one of the most advanced emergency response systems in Snohomish County with highly-trained personnel, facilities, apparatus, and progressive rescue programs. We appreciate your support and are grateful for the opportunity to serve our community.*

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